



TENBY
ADVENTURE
51°40.21' N 4°41.39' W

Schools Info Pack

Outdoor Education in Pembrokeshire

Coasteering · Sea Kayaking · Coastal Walks · Team Challenges

AALA licensed · Curriculum for Wales aligned · Serving schools since 2015

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School Trips That Actually Stick

The outdoor education trip your students will still talk about at their leavers' ball.

Tenby Adventure runs coasteering, sea kayaking, coastal walks, beach games and outdoor education sessions tailored to school groups. We're based in Tenby on the south Pembrokeshire coast, within the Pembrokeshire Coast National Park — one of the most geologically and ecologically rich stretches of coastline in the UK.

We've worked with primary schools, secondary schools, sixth form colleges and DofE groups for over ten years. Over twenty thousand participants have passed safely through our sessions.

Why schools choose us

- **AALA licensed** — regulated by the Adventure Activities Licensing Authority; licence number available on request.
- **Cynefin-aligned** — we teach students to connect with the landscape, ecology, and history of the Pembrokeshire coast, mapped to the Curriculum for Wales.
- **Curriculum-linked** — activities designed to align with KS2–KS5 outcomes in PE, Geography, PSHE, Science, and environmental education.
- **Full documentation pack** — risk assessments, insurance certificates, guide qualifications, and emergency action plan sent in advance.
- **Small-group positioning** — we don't chase volume. Your students aren't one of 150 — they're one of 20.
- **Experienced with school groups** — from Year 5 day trips to Sixth Form residentials and university field courses.

Activities

All activities can run as half-day (2–3 hours) or full-day (morning + afternoon) sessions. Groups can be split across parallel activities so everyone's on the go.

Coasteering Year 5+

Scramble, swim, and cliff-jump along the coast in wetsuits and helmets. Every jump is optional. Builds confidence, tolerance for discomfort, and real physical challenge.

Curriculum links: PE · PSHE · physical geography · marine biology

Sea Kayaking Year 4+

Double kayaks, route-choice decisions, guide-led wildlife commentary. Quieter than coasteering, still a proper challenge. Works for mixed-confidence groups.

Curriculum links: Geography · environmental science · PSHE

Coastal Walks with Beach Foraging Any age

Guide-led walks interpreting the geology (340 million years of Carboniferous limestone), intertidal ecology, and edible seaweeds, shellfish and plants of the foreshore.

Curriculum links: Geography · biology · food tech · Welsh bac

Beach Games & Team Challenges Any age

Structured problem-solving, navigation, and relay challenges. A rain-day alternative or lunch-break energy burner between water activities.

Curriculum links: PE · PSHE · teamwork outcomes

Rock Climbing Year 7+

Guided sessions on Pembrokeshire sea cliff crags. Small groups, private instructors. Works well for DofE adventurous journeys and reward-element bookings.

Curriculum links: PE · PSHE · DofE

Cynefin: The Place You Belong To

Cynefin — a Welsh word with no clean English translation. The Curriculum for Wales defines it as "the place where we belong, where the people and landscape around us are familiar, and the sights and sounds are reassuringly recognisable."

For us, that isn't curriculum theory — it's what we do. Our guides live and work on this coast year-round. They know which caves are safe in which swell, which beach is richest in foraging after a spring tide, which ledge the peregrines nest on in April. When a student asks a question mid-session, the answer comes from genuine embedded local knowledge.

A session with us doesn't just teach students a skill. It teaches them how a coast is shaped by tide and weather, how a community is shaped by its coast, and how they — as visitors or as Welsh students returning to their own *cynefin* — fit into that larger picture.

Practical curriculum mapping

Area	Example outcomes delivered
Health and wellbeing (Curriculum for Wales)	Physical literacy, resilience, risk management, self-regulation
Humanities / Geography	Coastal processes, intertidal ecology, erosion, sediment transport
Science and technology	Marine biodiversity, weathering, hydrodynamics, climate impact
Languages, literacy and communication	Welsh place-names, descriptive vocabulary, storytelling
Expressive arts	Sensory writing tasks, photography briefs, reflective journaling
Cross-curricular — <i>cynefin</i>	Connection to place, ecology, and community of Pembrokeshire

Works equally well for schools in England, Scotland and Northern Ireland — *cynefin* translates usefully as "sense of place" and is increasingly embedded in UK outdoor education practice.

Safety, Credentials & Documentation

We take your students' safety as seriously as our own. We're happy to send the full documentation pack to your trip leader before you even book.

Qualifications and regulation

- **AAALA licence** — valid and current; licence reference available on request.
- **NGB-qualified guides** — National Governing Body level qualifications across coasteering, sea kayaking, and rock climbing.
- **Outdoor first aid** — all guides hold current 16-hour outdoor first aid certificates.
- **DBS-checked staff** — enhanced DBS on every guide who works with under-18s.
- **Safeguarding trained** — all guides complete regular safeguarding refresher training.
- **Public liability insurance** — £10 million cover. Certificate provided on booking confirmation.

Risk management

We run site-specific written risk assessments for every location we use. For each booking we carry out a dynamic risk assessment on the day, factoring in weather, tide, swell, group ability, and student wellbeing.

Sample risk assessment headings

Your trip leader will receive a full, completed risk assessment before the trip. These are the headings we cover for a typical coasteering session:

- Access and egress (cliff paths, steps, scramble zones)
- Water hazards (swell, rip currents, submerged rocks, tidal state)
- Jumps (entry height, water depth, exit route, group appetite)
- Cold water immersion and wetsuit fit
- Slips, trips, and rock-hopping technique
- Wildlife (seals, jellyfish, nesting birds)
- Weather (forecast windows, bail-out plan, comms)
- Group dynamics (student confidence, medical conditions, peer pressure)
- Emergency response (first aid, evacuation, coastguard liaison)
- Equipment (helmets, buoyancy aids, wetsuits, footwear checks)

Pricing and Logistics

Group rates

School trip pricing is quoted on application — we factor in group size, season, activity mix, and number of staff accompanying. Indicative bands:

Group size	Indicative per-student rate	Notes
8–15 students	Standard rate	Dedicated guide, minimum numbers apply
16–30 students	Group rate	Parallel sessions, 2+ guides
31–50 students	Block rate	Multi-session day, full logistical support
50+ students	Bespoke	Contact us for a dedicated day plan

Teachers, parent helpers, and SEN support staff go on complimentary rates — ask us for details.

Guide ratios

- **Coasteering** — 1:8, or 1:12 with an assistant and a lead guide
- **Sea kayaking** — 1:8, or 1:12 with an assistant and a lead guide
- **Rock climbing** — typically 1 instructor per 6 students
- **Coastal walks / beach games** — 1 leader per 15 students

Logistics

- **Season:** April to September. May, June and September are our preferred school trip windows — the best weather, fewer crowds.
- **Location:** Near or in Tenby — exact meeting point sent with booking confirmation.
- **From Cardiff:** ~2.5 hours by coach. **From Bristol:** ~3 hours. **From London:** ~4.5 hours.
- **Accommodation:** We partner with several local providers — hostels, campsites, and bunkhouses. Ask us for current recommendations.
- **Lead time:** 6–8 weeks ideal; minimum 3 weeks for availability.
- **Booking:** 25% deposit secures dates. Balance due 14 days before arrival.

Get a Teacher's Quote

Send us the information below and we'll reply within 48 hours with a full quote, documentation pack, and suggested itinerary.

- School name and address
- Trip leader name, email, phone
- Proposed dates (primary + fallback)
- Year group and number of students
- Number of staff accompanying
- Activities of interest (coasteering / kayaking / coastal walks / climbing / combined)
- Any SEN or medical considerations
- Any particular curriculum or assessment objectives

Ways to reach us

Email	info@tenbyadventure.co.uk
Phone	07880 746892
Web	tenbyadventure.co.uk/schools/
In person	Tenby, Pembrokeshire (by appointment)

Tenby Adventure — small-group, expert-led coasteering, sea kayaking, and climbing on the Pembrokeshire coast. Seven-year TripAdvisor Travellers' Choice winner. AALA licensed.